

Day Planner 15 Min Increments

As recognized, adventure as competently as experience roughly lesson, amusement, as skillfully as harmony can be gotten by just checking out a book **Day Planner 15 Min Increments** moreover it is not directly done, you could say you will even more approaching this life, roughly the world.

We provide you this proper as competently as simple artifice to get those all. We meet the expense of Day Planner 15 Min Increments and numerous ebook collections from fictions to scientific research in any way. in the course of them is this Day Planner 15 Min Increments that can be your partner.

Hair Salon Appointment Book - Barbara Ketterie 2020-01-11
Appointment Book Daily and Hourly 53 Weeks
Features: 8 Columns with the time and days of the week monday to sunday and notes
Appointment times from 8am to 9pm in 15 minute increments This appointment book extra large 8.5" x 11" with wide columns to keep your

schedule neat and easy to read Personal appointment book Matte finish cover design Perfect for any use. you can use for personal planner, work, to do list for note of the day. Best for Christmas gift and New Year gift and perfect planner & contact listings for salon owners and stylists.

2022 Appointment Diary - Eyelash Day

Planner Book with Times (in 15 Minute Increments) - Bramblehill Designs 2021-09
Simple, easy-to-use appointment book with: 15 minute time slots, from 8am to 9pm 3 columns on each page contemporary cover design Monday thro' Saturday appointments Large (8.5 x 11") format Also available in an undated version, which you can start any time, search 'Bramblehill Designs' to see our other designs. Makes it easy to plan and track your daily appointments - buy now to grab your copy!

Appointment Book: 15 Minute Increments - Appointment Planner - Daily Hourly Schedule - + Bonus Client Information Pages - Cream Blue Flo - Pink Willow Print 2019-03-21

Need a way to log and plan your personal salon, spa, hairstylist or beauty clients? Then this appointment book is exactly what you need! It has daily columns from 8am to 8pm for every day of the year. A simple single weekly appointment sheet in a minimalist design style

with a trendy professionally designed cover. Benefits to using our Appointment Book: Our appointment book will allow you to plan and track your appointments 52 Weekly Appointment Sheets + BONUS 50 Client Information Sheets. Simple easy to use design with hours from 8am to 8pm. Professionally designed cover in a modern trendy design. Perfect for busy hair stylists or salon owners on the go! 8.5 x 11 inches in size for easy reading and ample room to write.

Daily 15 Minute Appointment Book - Frances Robinson 2015-10-26

The Daily 15 Minute Appointment Book contains 366 daily pages, enough for each day of the year (including weekends and leap year). Good for writing scheduling information in 15 minute increments throughout the day starting at 8:00 am and ending at 6:00 pm. A blank space at top of page allows you to write in year and date so you can begin using anytime of the year. Large pages for plenty room to write.

The Time-Block Planner - Cal Newport 2020

Hvac Appointment Book - Planner Extreme
2019-10

Hourly / Weekly Appointment Book Daily
Planner with 15-minute intervals Features This
large appointment book 8.5" x 11" contains wide
columns to keep your schedule neat and easy to
read. 109 pages covering 52 weeks so this
makes a great 2019 or 2020 appointment book 4
columns per page, with the time and days of the
week, Monday to Sunday with spaces for notes.
Appointment times from 7 am to 10 pm in 15-
minute increments. Paperback Cover Perfect
planner & contact listings.

15 Month Weekly Planner - Tina R Kelly
2019-12-17

Simply Appointment Weekly Planner is exactly
what you need! It has daily columns from 8: 00
a.m. - 9: 45 p.m. for every day 15 months
January 2020 - March 2021 . Help you schedule
and follow up with appointments & for

scheduling meetings of all kinds. 15 Month
Planner Details: Specialized pages include:
2020-2021 Yearly Overview, Contact Name
Monthly overview great for long-term planning,
each month covers a two page spread. Weekly
appointment book includes 15 months of
planning pages January 2020 - March 2021. One
week per two page spread in column-style.
Quarter-hourly appointment times are 8: 00 a.m.
- 9: 45 p.m. (15 minute increments) Monday -
Sunday. Premium Glossy cover. Paperback Extra
Large 8.5" x 11" Also perfect for keeping track
of your time and making sure you get things
done within a limited period!

Seniors Appointment Book - Planner Extreme
2019-10

Hourly / Weekly Appointment Book Daily
Planner with 15-minute intervals Features This
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columns per page, with the time and days of the week, Monday to Sunday with spaces for notes. Appointment times from 7 am to 10 pm in 15-minute increments. Paperback Cover Perfect planner & contact listings.

2020-2021 Weekly Appointment Book Daily Hourly Planner - David Blank Publishing

2019-11-12

2020-2021 Weekly Appointment Book Daily and Hourly manage the upcoming school year planner. Date range covers 14 months from July 2020-August 2021 for academic year planning and beyond. This planner will give you plenty of space to jot down important notes and reminders for the year. An ideal resource with plenty of writing space for managing upcoming events and deadlines. The perfect productivity and time management planner. 2020-2021 Academic Planner Details: One month per two page spread and record daily details for each day of the month. Monthly action plan with holidays. 2020-2021 Calendar 14 months from July 2020-

August 2021 One week per two page spread in column-style. Appointments daily and hourly 15 minute increments times are 8:00 a.m. - 9:45 p.m. Monday - Sunday. Size large 8.5" x 11" There's plenty of space to take notes and jot down your planning reminders. Premium Glossy finish Paperback cover

Appointment Book: 15 Minute Increments - Appointment Planner - Daily Hourly Schedule - + Bonus Client Information Pages - Cherry Blossom - Pink Willow Print 2019-03-21

Need a way to log and plan your personal salon, spa, hairstylist or beauty clients? Then this appointment book is exactly what you need! It has daily columns from 8am to 8pm for every day of the year. A simple single weekly appointment sheet in a minimalist design style with a trendy professionally designed cover. Benefits to using our Appointment Book: Our appointment book will allow you to plan and track your appointments 52 Weekly Appointment Sheets + BONUS 50 Client Information Sheets.

Simple easy to use design with hours from 8am to 8pm. Professionally designed cover in a modern trendy design. Perfect for busy hair stylists or salon owners on the go! 8.5 x 11 inches in size for easy reading and ample room to write.

Barber - Independently Published 2020-01-14
Use this appointment planner to quickly and easily schedule your appointments. This simple and convenient scheduling book will make sure you maximize your time and avoid missing opportunities. 8 Columns with the time Monday-Sunday and Notes. Time period from 8 AM- 6 PM with 15-minute slots. Appointment book size extra large 8.5" x 11" with wide columns to keep your schedule neat. Perfect for organizing and scheduling your appointments Specifications:
Cover Finish: Matte Dimensions: 8,5" x 11" (21.59cm x 27.94 cm) Pages: 110

Lash Extension Appointment Book - Jamie Foster 2019-09-15

This 8.5" x 11" beautifully designed and undated

appointment book is the perfect size for keeping track of all your clients' appointments. You can use it to manage your own personal schedule or as a small business owner. Each two page spread clearly shows the seven days of the week (Monday through Sunday) from the hours of 8 am to 7 pm in 15 minute increments. With 52 undated weeks, you can start using this appointment book at any time of the year.

Features: Premium Cover Design Large, 8.5" x 11" Size 107 Pages Enough Space for a Full Year of Appointments Each 2 Page Spread Shows Columns for Monday Through Sunday Shows 8 AM to 9 PM in 15 Minute Increments Extra Space To Write Down Miscellaneous Tasks, Notes, or Other Information Perfect daily planner and appointment book for a lash extension technician. Get this appointment book for yourself, a friend, or a co-worker today!

Super Organized Planner with 15 Minute Increments - Planners & Notebooks Inspira Journals 2019-02

If you're the type to micro manage, then this is the planner for you. It includes 15-minute increments to help you manage your time and meet your expectations satisfactorily. Get super organized. Make each minute count. Design your schedule by the minute. Buy a copy of this planner and start using it today.

Atomic Habits - James Clear 2018-10-16
The #1 New York Times bestseller. Over 4 million copies sold! Tiny Changes, Remarkable Results No matter your goals, Atomic Habits offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for

change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to: make time for new habits (even when life gets crazy); overcome a lack of motivation and willpower; design your environment to make success easier; get back on track when you fall off course; ...and much more. Atomic Habits will reshape the way you think

about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

Tattoo Appointment Book - Planner Extreme
2019-10

Hourly / Weekly Appointment Book Daily Planner with 15-minute intervals Features This large appointment book 8.5" x 11" contains wide columns to keep your schedule neat and easy to read. 109 pages covering 52 weeks so this makes a great 2019 or 2020 appointment book 4 columns per page, with the time and days of the week, Monday to Sunday with spaces for notes. Appointment times from 7 am to 10 pm in 15-minute increments. Paperback Cover Perfect planner & contact listings.

2020-2021 Weekly Appointment Book Daily Hourly Planner - David Blank Publishing

2019-11-12

2020-2021 Weekly Appointment Book Daily and Hourly manage the upcoming school year planner. Date range covers 14 months from July 2020-August 2021 for academic year planning and beyond. This planner will give you plenty of space to jot down important notes and reminders for the year. An ideal resource with plenty of writing space for managing upcoming events and deadlines. The perfect productivity and time management planner. 2020-2021 Academic Planner Details: One month per two page spread and record daily details for each day of the month. Monthly action plan with holidays. 2020-2021 Calendar 14 months from July 2020-August 2021 One week per two page spread in column-style. Appointments daily and hourly 15 minute increments times are 8:00 a.m. - 9:45 p.m. Monday - Sunday. Size large 8.5" x 11" There's plenty of space to take notes and jot down your planning reminders. Premium Glossy finish Paperback cover

Hair Salon Appointment Book - Barbara

Ketterie 2020-01-11

Appointment Book Daily and Hourly 53 Weeks

Features: 8 Columns with the time and days of the week Monday to Sunday and notes

Appointment times from 8am to 9pm in 15

minute increments This appointment book extra large 8.5" x 11" with wide columns to keep your

schedule neat and easy to read Personal

appointment book Matte finish cover design

Perfect for any use. you can use for personal planner, work, to do list for note of the day. Best

for Christmas gift and New Year gift and perfect planner & contact listings for salon owners and

stylists.

Bakery Appointment Book - Planner Extreme 2019-10

Hourly / Weekly Appointment Book Daily

Planner with 15-minute intervals Features This

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columns per page, with the time and days of the

week, Monday to Sunday with spaces for notes.

Appointment times from 7 am to 10 pm in 15-minute increments. Paperback Cover Perfect

planner & contact listings.

Dog Grooming Appointment Book - Planner Extreme 2019-10

Hourly / Weekly Appointment Book Daily

Planner with 15-minute intervals Features This

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Appointment times from 7 am to 10 pm in 15-minute increments. Paperback Cover Perfect

planner & contact listings.

Music Teacher Appointment Book - Planner Extreme 2019-10

Hourly / Weekly Appointment Book Daily

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[2021 Appointment Book 15 Minute Planner](#) -

Kingdom Kingdom Contents 2020-10-21

☐DON'T MISS YOUR NEW 2021 DAILY

PLANNER!☐ The Two year 2020-2021 Monthly

Planner is all you need to keep things organized!

The Monthly planner features a 14 Month

Calendar (Nov 2020 - Dec 2021), Book Details: ☐

Stylish Matte Finish Cover Design ☐ LARGE

PRINT 8.5 inches By 11 inches ☐ Printed on

Quality Paper 90 gsm ☐ A-Z Alphabetic Order

Contacts list (Name & Surname, phone number,

email, other...) ☐ 2020 and 2021 Calendar at a

glance + 14 months (Nov 2020 - Dec 2021)

monthly calendar ☐ AT A GLANCE Weekly

appointment book Nov 2020 - Dec 2021 daily

and hourly schedule Mon-Sun with time slots

from 8AM to 9PM in 15 minute increments.

Everyday notes space and end of the week to do

space list ☐ Calendar on each Monthly View

Designed with Love in Italy by Kingdom

Contents

Appointment Book: 15 Minute Increments -

Appointment Planner - Daily Hourly

Schedule - + Bonus Client Information

Pages - Greenery Leave - Pink Willow Print

2019-03-21

Need a way to log and plan your personal salon,

spa, hairstylist or beauty clients? Then this

appointment book is exactly what you need! It

has daily columns from 8am to 8pm for every

day of the year. A simple single weekly

appointment sheet in a minimalist design style

with a trendy professionally designed cover.

Benefits to using our Appointment Book: Our

appointment book will allow you to plan and track your appointments 52 Weekly Appointment Sheets + BONUS 50 Client Information Sheets. Simple easy to use design with hours from 8am to 8pm. Professionally designed cover in a modern trendy design. Perfect for busy hair stylists or salon owners on the go! 8.5 x 11 inches in size for easy reading and ample room to write.

Executive Appointment Book - Planner Extreme 2019-10

Hourly / Weekly Appointment Book Daily Planner with 15-minute intervals Features This large appointment book 8.5" x 11" contains wide columns to keep your schedule neat and easy to read. 109 pages covering 52 weeks so this makes a great 2019 or 2020 appointment book 4 columns per page, with the time and days of the week, Monday to Sunday with spaces for notes. Appointment times from 7 am to 10 pm in 15-minute increments. Paperback Cover Perfect planner & contact listings.

Pet Sitting Appointment Book - Planner Extreme 2019-10

Hourly / Weekly Appointment Book Daily Planner with 15-minute intervals Features This large appointment book 8.5" x 11" contains wide columns to keep your schedule neat and easy to read. 109 pages covering 52 weeks so this makes a great 2019 or 2020 appointment book 4 columns per page, with the time and days of the week, Monday to Sunday with spaces for notes. Appointment times from 7 am to 10 pm in 15-minute increments. Paperback Cover Perfect planner & contact listings.

Salon Appointment Book - Pink Angel Creative Pink Angel Creative 2019-01-02

2019 Salon Appointment Book is designed to track daily appointments with one page for each 7 day work week. Each day provides the first four 15-minute times slots from 7 A.M. to 8 P.M. Appointment time runs from 7 AM - 8 PM with 15-minute slots. Personal time management notebook Made in the USA. Paperback cover

Cover large 8.5" x 11"

2020-2021 Weekly Appointment Book Daily Hourly Planner - David Blank Publishing

2019-11-12

2020-2021 Weekly Appointment Book Daily and Hourly manage the upcoming school year planner. Date range covers 14 months from July 2020-August 2021 for academic year planning and beyond. This planner will give you plenty of space to jot down important notes and reminders for the year. An ideal resource with plenty of writing space for managing upcoming events and deadlines. The perfect productivity and time management planner. 2020-2021 Academic Planner Details: One month per two page spread and record daily details for each day of the month. Monthly action plan with holidays. 2020-2021 Calendar 14 months from July 2020-August 2021 One week per two page spread in column-style. Appointments daily and hourly 15 minute increments times are 8:00 a.m. - 9:45 p.m. Monday - Sunday. Size large 8.5" x 11"

day-planner-15-min-increments

There's plenty of space to take notes and jot down your planning reminders. Premium Glossy finish Paperback cover

2020 Appointment Diary - Bramblehill Designs
2019-10-03

A simple, easy-to-use appointment book for hairdressers, beauty salons & nail technicians with 15 minute time slots (from 8am to 9pm) - makes it easy to plan and track daily appointments.

2 Column Appointment Book - Aileen Storm
2020-05-31

2 Columns per page, 104 pages. Undated for flexibility, So you can customize it to fit your specific criteria. Keep Track of Client Scheduling & Appointments, 15-minutes intervals, From 6 a.m to 10 p.m. Log a detailed daily schedule and create a full schedule for the whole week. 3 pages of Clients Contact info, 2 pages 2020 and 2021 calendars, 104 Appointments planner, 12 undated calendar for important monthly reminders. Increase your productivity and

11/19

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achieve more with detailed and neatly organized appointments records. large 8.27" x 11.69" (21 x 29.7 cm). provides enough room to log appointments and information. Matte soft paperback cover. Great for personal use for men and women and in hair salons, Cosmetology, nail salons, grooming, dentists, esthetician, lash tech, office appointment scheduling book, photographers, receptionist, therapist, barbershops,hairstylist, tanning spas, nail shops, massage parlors, reservation book for restaurant and in all types of businesses.

Realtor Appointment Book - Planner Extreme 2019-10

Hourly / Weekly Appointment Book Daily Planner with 15-minute intervals Features This large appointment book 8.5" x 11" contains wide columns to keep your schedule neat and easy to read. 109 pages covering 52 weeks so this makes a great 2019 or 2020 appointment book 4 columns per page, with the time and days of the week, Monday to Sunday with spaces for notes.

Appointment times from 7 am to 10 pm in 15-minute increments. Paperback Cover Perfect planner & contact listings.

Appointment Book Monthly Planner 2020 - Realme Journals 2019-06-14

This 2020 appointment book is perfect for business owners. Whether you have physical store, office, or work from home, this planner is ideal for organizing your busy schedule. With a 12 month block calendar and weekly/daily appointment planner, you can easily keep track of all your important business meetings, appointments, plans and ideas. Use it to combine your business and personal schedules all in one convenient book. Students will love this planner to keep track of class agendas, assignments, projects and work schedules. Organization is key and this planner has it all. Let's get busy getting organized! This Appointment Book Features: This book belongs to page 2020 and 2021 Year At A Glance pages Contact pages for quick and easy access to your clients & vendors Notes

pages in the front and back of the book Monthly block calendar - each month in a 2 page spread with notes section - previous & next months miniature calendars for easy reference - lots of holidays including all federal holidays listed Appointment Book - dated weekly 2 page spread, Monday to Sunday with times from 8:00 am to 9:00 pm in 15 min increments and more space for notes or reminders

Appointment Book - Tina R. Kelly 2018-09-07

This beautifully appointment book planner daily hourly large for the best time management and increase your productivity and happiness. Book Details: 6 columns per page, with the time and days. Weeks Monday to Friday and notes. Times from 8am to 9pm in 15 minute increments. 120 Pages Extra large 8.5 inches by 11 inches Paperback cover

Indistractable - Nir Eyal 2019-09-10

"Indistractable provides a framework that will deliver the focus you need to get results."

—James Clear, author of Atomic Habits "If you

value your time, your focus, or your relationships, this book is essential reading. I'm putting these ideas into practice." —Jonathan Haidt, author of The Righteous Mind National Bestseller Winner of the Outstanding Works of Literature (OWL) Award Included in the Top 5 Best Personal Development Books of the Year by Audible Included in the Top 20 Best Business and Leadership Books of the Year by Amazon Featured in The Amazon Book Review Newsletter, January 2020 Goodreads Best Science & Technology of 2019 Finalist You sit down at your desk to work on an important project, but a notification on your phone interrupts your morning. Later, as you're about to get back to work, a colleague taps you on the shoulder to chat. At home, screens get in the way of quality time with your family. Another day goes by, and once again, your most important personal and professional goals are put on hold. What would be possible if you followed through on your best intentions? What

could you accomplish if you could stay focused? What if you had the power to become "indistractable?" International bestselling author, former Stanford lecturer, and behavioral design expert, Nir Eyal, wrote Silicon Valley's handbook for making technology habit-forming. Five years after publishing *Hooked*, Eyal reveals distraction's Achilles' heel in his groundbreaking new book. In *Indistractable*, Eyal reveals the hidden psychology driving us to distraction. He describes why solving the problem is not as simple as swearing off our devices: Abstinence is impractical and often makes us want more. Eyal lays bare the secret of finally doing what you say you will do with a four-step, research-backed model. *Indistractable* reveals the key to getting the best out of technology, without letting it get the best of us. Inside, Eyal overturns conventional wisdom and reveals:

- Why distraction at work is a symptom of a dysfunctional company culture—and how to fix it
- What really drives human behavior and why

"time management is pain management" • Why your relationships (and your sex life) depend on you becoming indistractable • How to raise indistractable children in an increasingly distracting world Empowering and optimistic, *Indistractable* provides practical, novel techniques to control your time and attention—helping you live the life you really want.

[2020 Therapist Weekly Hourly Planner](#) - Michelia Creations 2019-12-14

2020 Therapist Planner - Daily and Hourly Planner This book for therapist appointment daily and hourly planner, 15 minute increment Monday to Sunday 8AM to 9PM, at a glance 2020 weekly appointment book Details 2020 weekly planner and monthly planner hourly appointment book This book space for write personal information, contact names, password log, 2020 calendar yearly overview, yearly goals, birthday log, 2020 calendar and weekly appointment 144 pages of 2020 Therapist

Planner 8.5 inches By 11 Inches Glossy Cover
Paperback Cover Get start 2020 Therapist
Weekly Hourly Planner today!

Spray Tan Appointment Book - Planner
Extreme 2019-10

Hourly / Weekly Appointment Book Daily
Planner with 15-minute intervals Features This
large appointment book 8.5" x 11" contains wide
columns to keep your schedule neat and easy to
read. 109 pages covering 52 weeks so this
makes a great 2019 or 2020 appointment book 4
columns per page, with the time and days of the
week, Monday to Sunday with spaces for notes.
Appointment times from 7 am to 10 pm in 15-
minute increments. Paperback Cover Perfect
planner & contact listings.

Nail Appointment Book - Planner Extreme
2019-10

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minute increments. Paperback Cover Perfect
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[15 Min Appointment Book](#) - Arti Jinane
2020-04-22

15 min Appointment book is perfect to keep your
appointments in order. This agenda appointment
Book increments for salon hair, spa, nail salon,
esthetician, beauty...

Medical Appointment Book - Planner Extreme
2019-10

Hourly / Weekly Appointment Book Daily
Planner with 15-minute intervals Features This
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Deep Work - Cal Newport 2016-01-05

Read the Wall Street Journal Bestseller for "cultivating intense focus" for fast, powerful performance results for achieving success and true meaning in one's professional life (Adam Grant, author of Give and Take). Deep work is the ability to focus without distraction on a cognitively demanding task. It's a skill that allows you to quickly master complicated information and produce better results in less time. Deep Work will make you better at what you do and provide the sense of true fulfillment that comes from craftsmanship. In short, deep work is like a super power in our increasingly competitive twenty-first century economy. And yet, most people have lost the ability to go deep—spending their days instead in a frantic blur of e-mail and social media, not even realizing there's

a better way. In Deep Work, author and professor Cal Newport flips the narrative on impact in a connected age. Instead of arguing distraction is bad, he instead celebrates the power of its opposite. Dividing this book into two parts, he first makes the case that in almost any profession, cultivating a deep work ethic will produce massive benefits. He then presents a rigorous training regimen, presented as a series of four "rules," for transforming your mind and habits to support this skill. 1. Work Deeply 2. Embrace Boredom 3. Quit Social Media 4. Drain the Shallows A mix of cultural criticism and actionable advice, Deep Work takes the reader on a journey through memorable stories—from Carl Jung building a stone tower in the woods to focus his mind, to a social media pioneer buying a round-trip business class ticket to Tokyo to write a book free from distraction in the air—and no-nonsense advice, such as the claim that most serious professionals should quit social media and that you should practice being bored. Deep

Work is an indispensable guide to anyone seeking focused success in a distracted world. An Amazon Best Book of 2016 Pick in Business & Leadership Wall Street Journal Business Bestseller A Business Book of the Week at 800-CEO-READ

The Prairie Homestead Cookbook - Jill Winger 2019-04-02

Jill Winger, creator of the award-winning blog The Prairie Homestead, introduces her debut The Prairie Homestead Cookbook, including 100+ delicious, wholesome recipes made with fresh ingredients to bring the flavors and spirit of homestead cooking to any kitchen table. With a foreword by bestselling author Joel Salatin The Pioneer Woman Cooks meets 100 Days of Real Food, on the Wyoming prairie. While Jill produces much of her own food on her Wyoming ranch, you don't have to grow all—or even any—of your own food to cook and eat like a homesteader. Jill teaches people how to make delicious traditional American comfort food

recipes with whole ingredients and shows that you don't have to use obscure items to enjoy this lifestyle. And as a busy mother of three, Jill knows how to make recipes easy and delicious for all ages. "Jill takes you on an insightful and delicious journey of becoming a homesteader. This book is packed with so much easy to follow, practical, hands-on information about steps you can take towards integrating homesteading into your life. It is packed full of exciting and mouth-watering recipes and heartwarming stories of her unique adventure into homesteading. These recipes are ones I know I will be using regularly in my kitchen." - Eve Kilcher These 109 recipes include her family's favorites, with maple-glazed pork chops, butternut Alfredo pasta, and browned butter skillet corn. Jill also shares 17 bonus recipes for homemade sauces, salt rubs, sour cream, and the like—staples that many people are surprised to learn you can make yourself. Beyond these recipes, The Prairie Homestead Cookbook shares the tools and tips

Jill has learned from life on the homestead, like how to churn your own butter, feed a family on a budget, and experience all the fulfilling satisfaction of a DIY lifestyle.

168 Hours - Laura Vanderkam 2010-05-27

There are 168 hours in a week. This book is about where the time really goes, and how we can all use it better. It's an unquestioned truth of modern life: we are starved for time. With the rise of two-income families, extreme jobs, and 24/7 connectivity, life is so frenzied we can barely find time to breathe. We tell ourselves we'd like to read more, get to the gym regularly, try new hobbies, and accomplish all kinds of goals. But then we give up because there just aren't enough hours to do it all. Or else, if we don't make excuses, we make sacrifices. To get ahead at work we spend less time with our spouses. To carve out more family time, we put off getting in shape. To train for a marathon, we cut back on sleep. There has to be a better way- and Laura Vanderkam has found one. After

interviewing dozens of successful, happy people, she realized that they allocate their time differently than most of us. Instead of letting the daily grind crowd out the important stuff, they start by making sure there's time for the important stuff. They focus on what they do best and what only they can do. When plans go wrong and they run out of time, only their lesser priorities suffer. It's not always easy, but the payoff is enormous. Vanderkam shows that it really is possible to sleep eight hours a night, exercise five days a week, take piano lessons, and write a novel without giving up quality time for work, family, and other things that really matter. The key is to start with a blank slate and to fill up your 168 hours only with things that deserve your time. Of course, you probably won't read to your children at 2:00 am, or skip a Wednesday morning meeting to go hiking, but you can cut back on how much you watch TV, do laundry, or spend time on other less fulfilling activities. Vanderkam shares creative ways to

rearrange your schedule to make room for the things that matter most. 168 Hours is a fun,

inspiring, practical guide that will help men and women of any age, lifestyle, or career get the most out of their time and their lives.